



*Take the ancient pilgrimage of
the three mountains of Dewa*



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Since ancient times, the Japanese have considered all mountains to be sacred and for more than 1400 years, mountain ascetics, known as Yamabushi, have been making the pilgrimage to Dewa Sanzan. They do this to gain rejuvenation in a way not unlike being reborn by traversing the three sacred mountains of Dewa: Haguro-san, Gassan and Yudono-san. Join Riki on this pilgrimage tour to the remote north-western side of the Tohoku region. It will captivate you with its dramatic scenery, delicious mountain food and a strong sense of life for the Yamabushi in ancient & modern times.



12 - 19 Sep 2020



8 days



in / out Tokyo



\$3690 pp



\$3990 pp



7 breakfasts



5 dinners

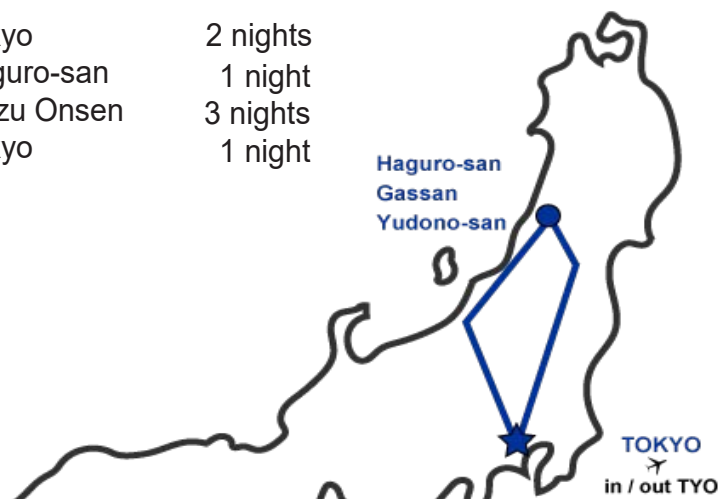


1 onsen



4 day-walks

Tokyo	2 nights
Haguro-san	1 night
Shizu Onsen	3 nights
Tokyo	1 night



Special inclusions

Enjoy a half day walking tour of Tokyo.
 Stay at aShokubo temple lodge at Haguro-san.
 Enjoy hot spring baths and luxury ryokan style accommodation at Shizu Onsen.
 Make the pilgrimage of Dewa's three sacred mountains: Haguro-san, Gassan, Yudono-san.
 Participate in an ancient yamabushi ritual at Yudono-san
 Walk sections of the old Rokujurigoe highway between Yamagata & Dewa.

Day walks

Haguro-san stair climb (2-3hr return)
 Gassan 8th station to Ubasawa (Shizu Onsen) (5hr)
 Yudono-san to Shizu Onsen, Rokujurigoe highway (3hr)
 Yudono-san to Churenji Temple, Rokujurigoe highway (6hr)
 Or spare walking day for Gassan alternative approach in the case of previous unfavourable weather.