

# Spirit of Japan

**Get closer to Japan:  
Koya-san,  
Kumano Kodo &  
Nakasendo walks**



**For more information and bookings:**  
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*Come with me on this historical walking tour in beautiful autumn landscapes along two of Japan's most important ancient routes, the Kumano Kodo pilgrimage and the Nakasendo, both used by emperors and roaming samurai long ago. This tour is for keen walkers who'd like to experience the culture of Japan the way it used to be.*



7 - 21 May 2023



15 days



in Osaka / out Tokyo



\$6750 pp



not available



14 breakfasts



9 dinners

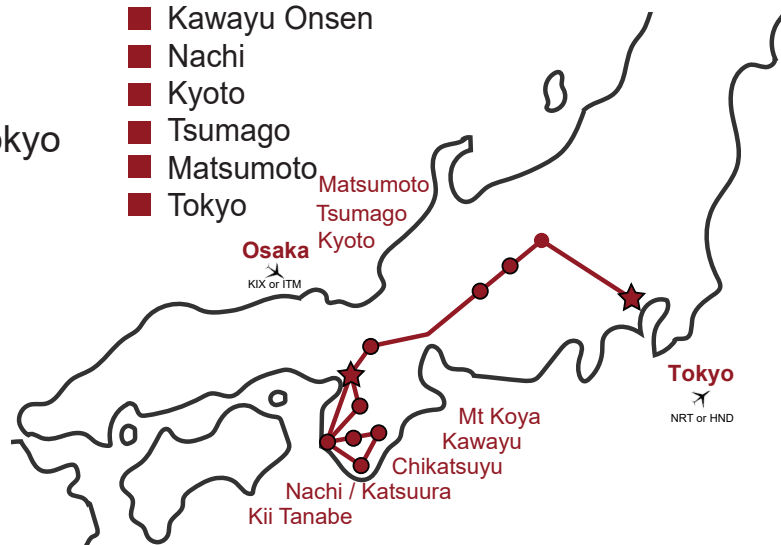


2 onsen



6 day-walks

- Osaka 1 night
- Koya-san 2 nights
- Kii Tanabe 1 night
- Chikatsuyu 1 night
- Kawayu Onsen 1 night
- Nachi 1 night
- Kyoto 3 nights
- Tsumago 1 night
- Matsumoto 1 night
- Tokyo 1 night



### Special inclusions

- World heritage pilgrimage walk of the Kumano Kodo
- Walk the Nakasendo
- Riki's hometown Kyoto tour
- C16th Matsumoto Castle
- Sensoji Temple, Tokyo

### Day walks

- Koya-san Women's Pilgrimage (7km)
- Kumano Kodo Takijiri to Chikatsuyu (13km)
- Kumano Kodo Yunomine Onsen to Hongu Taisha (14km)
- Northern Kyoto Mt Kurama to Kibune (4km)
- Nakasendo Magome to Tsumago (8km)
- Nakasendo Yabuhara to Narai (9km)